

# MAXILLARY



# SINUS TRAUMA INSTRUCTIONS

**UPPER WISDOM TEETH ARE OFTEN ASSOCIATED WITH THE POSTERIOR WALL OF THE MAXILLARY SINUS. RARELY ON OCCASSION WILL THE FOLLOWING OCCUR.**

**DURING SURGERY,** the sinus floor and associated membrane can be perforated and cause a small amount of blood to collect in the sinus that will “drain” from the patients nose or pass into the back of the mouth. Neither is serious nor poses a threat to the patient. If either of these occur simply wipe it from your nose or gargle warm water in your throat to clear the blood.

**RARELY,** a sinus perforation will not heal, and an opening develops that represents a passageway between your mouth and your sinus cavity. This opening can lead to fluid and debris getting into your sinus through the opening and draining from your nose. If we feel you are risk of developing a fistula after your surgery. We will make every effort to repair the area at the time of surgery. If the doctor indicates that this may be a risk, please do the following.

- After the surgery, DO NOT blow your nose for 10 days. If it is necessary to sneeze, you should sneeze with your mouth open but covered to prevent excessive pressure from developing within the sinus.
- You may also take a decongestant to keep your sinuses from feeling congested for the 10 days.
  - Contac or Sudafed would work.
- Please DO NOT SMOKE for 10 days that follow the surgery.
- During surgery, the sinus floor and associated membrane can be perforated and cause a small amount of blood to collect in the sinus that will “drain” from the patients nose or pass into t

## **AFTER SURGERY,**

If an opening develops after surgery, in spite our efforts please call our office for instructions. Rarely is a second surgery needed since most openings heal on their own.

**CONTACT US @ 435.414.3111**